



5th Comprehensive Secondary School in Toruń - V LO





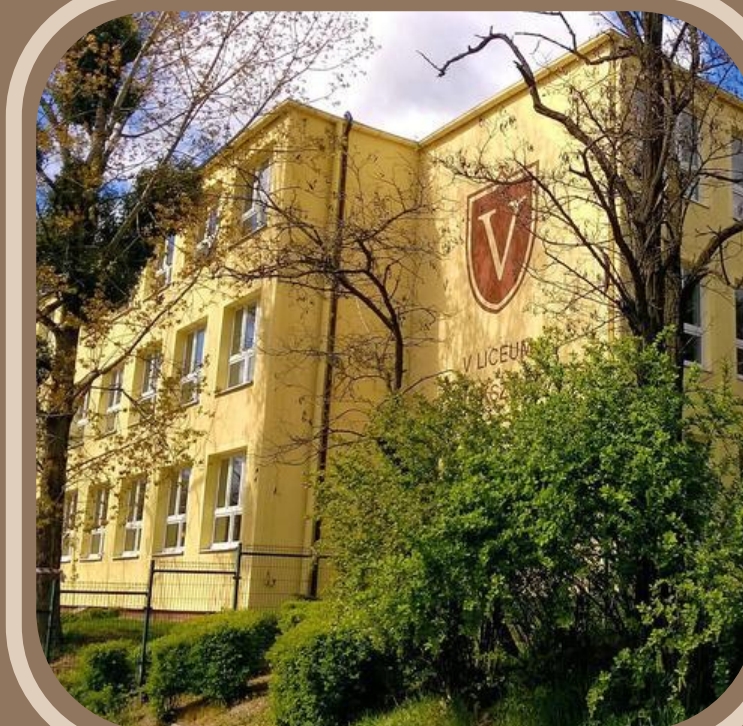
Our school

☀ Surrounded by nature

The image of
'zielone' from above



our school viewed
from the street side



The location

V LO is placed near the city centre; yet despite that, it manages to remain located closely to nature, creating a nice place to learn for all our students.

Only one fence separates us from a small city park. Wanting to make the most of our location, we sometimes have physical education classes there if the weather is appropriate.

Inside of the school area we have a place most students call 'zielone' ('The green'). It is a very popular spot in our school, a lot of students spend their breaks there, often even during winter.

Speaking of winter...

In Poland, snow isn't a rare thing during wintertime.

We often end up not only surrounded by nature and trees, but also by snow :)





Ecology and Us

★ Helping our planet all together ★

Both our school staff and our students recognize the importance of ecology in today's world. We realize that taking care of the environment is crucial to our people - that is why we plant trees and flowers, both around the school and in local forests. Because of that, not only do we help the environment, but also make it prettier!

Besides sowing plants, a large number of students take part in workshops organised by our school. Two of the more recent ones involved upcycling old clothes and creating houses for numerous hedgehogs that live all around the area, along with those living on our school grounds (they are called 'Dzbanek' and 'Borówna').





School events

★ Play, socialize, have fun!

The day of our Patron - Pope John Paul II

One of the most significant events at our school is our Patron's day, which falls on June 13th every year. Despite the very 'serious' name, we dedicate this day to having fun together and participating in quizzes and sports games.



What to do besides learning?

While special events and games do not happen in our school daily, there are still plenty of occasions to take part in engaging activities alongside your friends!

Tournaments and team contests appear all year round, giving opportunities to spend time in a nice way, surrounded by other people. Some games that our students already had the opportunity to play are the game of Scrabble or 'Mózgopoly' (our version of the Monopoly game)



♥ Volunteer club ♥

To care about (and for) each other

All students attending V LO have an option to join our volunteer club. Knowing the importance of helping others, many students engage in acts of service for the local community. Members of the volunteer club often host events for all the students from our schools, such as donating pet food to animal shelters.

Events and campaigns we partake in:

- Material aid for nursing homes in Toruń
- Christmas gifts for children in orphanages
- General support for shelters and food banks in Toruń
- Aid for victims of the war in Ukraine
- Blood donation events

And more...





What do debates mean to us?

Oxford debates are a vital part of our school's identity. As a result, a lot of students, both younger and older, decide to try out our debate club.

Our students have a choice between 'in-school' debates and - the more competitive - 'inter-school' debates, the second option involving students debating with the representatives of other schools in Poland.



Debate club

Your words - your power!



In conclusion...

Oxford debates are a great way to develop your social skills, fluent speaking and argumentation abilities... But they are also an opportunity to win something together with your team! For the record, our school's team already won the 'Toruń Oxford debate competition' ... twice ;)





Take a picture!



Integration meetings

☀ An active way to get to know each other ☀

Every year around the beginning of the first semester, our first grade students attend integration meetings, so that they can break the ice and get to know their classmates better.

Those meetings take place at Fort No.4 in our city. During these meetups, students play games together and explore the old Fort along with guides and their supervising teacher, spending time actively.



Without a filter

Our school life





Academic accomplishments

Striving for victory

🌸 Compete and succeed

Students of all ages and from all our classes participate in many different types of competitions, ranging from pure-scientific and technological contests, to ones that involve social or media studies. Many students in our school hold the titles of finalists or winners of various competitions.

In addition to the academic achievements that our students accomplish, the level of education inside our school is one of the highest in the city of Toruń. We take pride in our good *matura* (final exam) scores and our overall performance.





Sporting achievements

How to be 'goal'-oriented? :)



Every year, V LO takes part in many sports tournaments, competing in over twenty different sports disciplines, including, but not limited to, football, volleyball, track and field, basketball, and chess. Our teams regularly win competitions that all secondary schools in our city participate in. Our athletes often represent our school at the provincial level, being quite successful.

A lot of our students also take part in extracurricular sports classes organized by the school. During such classes, students play games, exercise and train in our school's gym - which helps them stay healthy and in shape.



Around the world 🎵

➤ Let's travel together! ⚡



Our students have already visited numerous countries, such as Italy, France, Germany, the Czech Republic, Austria, England and many more! Every trip is an unforgettable experience during which you can get to know new cultures, spend time and bond with your friends, make new memories, be active and simply enjoy yourself!

How and when?

- Students in V LO have many opportunities for school trips throughout the year (both inside and outside of Poland).
- The trip expenses are paid by the students themselves, although that doesn't usually discourage people from participating.
- There are both 'school trips' and 'class trips' in our school, duration of which ranges anywhere from twenty four hours to even over a week, depending on the destination.



Voyages and ski camps



➤ Snow and water ◀

Every year (since 2005) our students go skiing in east Tyrol, in Austria. During such trips, students spend time actively and bond with their classmates and teachers, creating lifelong memories and friendships, while developing their skiing abilities.

Our voyages are a one of a kind experience for every participant. During those trips students actively take part in steering the ship and doing the chores of a typical crew. They are in charge of preparing food, cleaning, and operating the sails - all of these under the supervision of professional sailors. After reaching their destination, students explore whatever city they arrive in, the voyages doubling as sightseeing tours.



Erasmus+ Projects

Experiencing new cultures and making memories together

V LO holds Erasmus+ accreditation in the SCH sector. Both students and teachers actively participate in Erasmus+ projects - students group mobilities, teachers training courses and job shadowing. Our Erasmus Plan focuses on well-being, ecology, digital and language skills, and social and entrepreneurial competences, among others. We also warmly welcome students and teachers from other countries to visit our school and carry out projects together.

If you are reading this, it probably means that you and your school are/ or want to become a part of Erasmus + community.

Let's work together!
erasmus@vlo.torun.pl





Thank you for your attention!



You are welcome to V LO :)

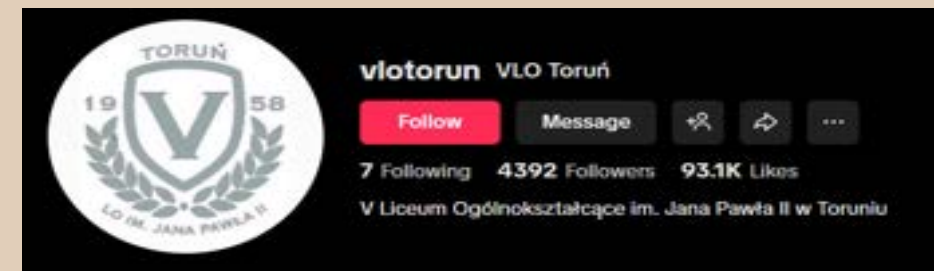


Presentation made by Maciej Bednarczuk and Karolina Matusiak from class 4B



Our socials

♥ Where you can also find us ♥
Give us a like, maybe drop a follow ;) (or both)



Tiktok - @vlotorun



Facebook - V LO im. Jana Pawła II w Toruniu



Instagram - @vlotorun